

Things that need to be in Treatment Soap's

Treatment info:

This would include the DR's name, Rx date, diagnosis, number of visits, and date of injury or collision (you can usually find this in the notes section to copy and paste)

Treatment Date:

date of massage

Subjective:

Patients' report of symptoms and primary complaints. How is this injury limiting the patient's home, work, and relationships? Can they sleep through the night uninterrupted? Be specific.

Pain scale: 0 (no pain)- 10 (worst possible pain and should not be massaged) How long are they in pain? I.e., most of the day? What aggravates the pain? What relieves the pain?

Objective/Assessment:

Your findings from the massage, techniques, modalities applied, ROM (if you did it), mm spasms and bruising or abrasions and changes.

MUST HAVE:

CPT 97124 4 units (this is the CPT code for massage and units is the amount of time you massaged. 4 units = 50-60 min).

Plan:

When do you want to see them next? What does their script recommend? Any stretching, ice or water you recommend. If you recommend following up with the referring provider for a recheck or concerns.

Therapist Name:

Your Name, LMT NPI #